This form goes on the inside front cover of your record book.

(Revised 2016-1)

4-H Activity Sheet

4-H Year: _____________

Name: ___________________________________________    4-H Age: _______

Record Book

1. _____ Personal page information complete.
2. _____ Personal page signed.
3. _____ Permanent record is up to date.
4. _____ 4-H story is completed.
5. _____ At least one KAP for a project is completed.

Local 4-H Club Participation

6. _____ Attended one ½ the monthly meetings. Number attended: _________
7. _____ Attended majority of project meetings held.
8. _____ Held office in 4-H Club.
9. _____ Attended officer training for the office you held.
10. _____ Worked on a club committee.
11. _____ Presented project talk at 4-H meeting or at project meeting.
12. _____ Presented demonstration or illustrated talk at 4-H club meeting or in a project meeting.
13. _____ Presented other program at 4-H meeting, non-related to current projects, during the current year.  
    Please list: ____________________________________________________________________________
14. _____ Attended a 4-H judging practice, school, or contest at county level.
15. _____ Attended club tour.
16. _____ Attended the Club/County Achievement Celebration.
17. _____ Attended 4-H Sunday (with club).
18. _____ Helped with club community service activity.
19. _____ Served as project leader or assisted project leader.
20. _____ Promoted 4-H to non-4-H’ers (youth).

County Participation

21. _____ Assisted at 4-H Day.
22. _____ Assisted with national 4-H week promotion (window display, book, public presentation, etc.)
23. _____ Actively served as junior superintendent or assistant.
24. _____ Assisted with Achievement Celebration (decorations, presentation of awards, etc.)
25. _____ Assisted with County Fair set-up.
26. _____ Received a purple at the county fair.
27. _____ Assisted at county-wide project or service project.
28. _____ Made presentation at 4-H Day. Please list area: ________________________________________
29. _____ Participated in Fashion Revue.
30. _____ Made 4-H presentation to non-4-H group (civic, business, school, church).
31. _____ Attended county 4-H camp as a camper or counselor, or attended Campference.
32. _____ Exhibited at the county fair.
33. _____ Worked at the concession stand at the county fair or other 4-H council sponsored concession stand.
34. _____ Participated in county fundraisers.
35. _____ Exhibited at a county event other than the fair.
36. _____ Assisted at 4-H Buyer’s Appreciation Meal and events at the fair.
37. _____ Participated in the County Ambassador Program.
38. _____ Exhibited or assisted with the Kingman County Spring Show.

**Area-Multi-County Participation**

39. _____ Attended or participated in District 4-H Show.
40. _____ Participated in multi-county show (dog, wheat, photography, clothing, food, etc.)
41. _____ Participated in multi-county judging contest, school or leadership conference (livestock, horticulture, home ec, etc.)

**State Participation**

42. _____ Attended 4-H Discovery Days.
43. _____ Attended Kansas City 4-H Conference, KYLF, CIA, National 4-H Conference.
44. _____ Exhibited in 4-H classes at the Kansas State Fair or Kansas Junior Livestock Show/Kansas Junior Dairy Show.
45. _____ Attended/hosted out-of-state exchange trip.
46. _____ Attended state leadership conference.
47. _____ Be a member on a state judging team, quiz bowl team, skill-a-thon, or state committee.

_____ Number of checks

Signed: ____________________________________________ Date: ________________

4-H Member

Signed: ____________________________________________ Date: ________________

4-H Leader

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**Ratings (check responses)**

**Age 7-8**
1-8 Needs Improvement – White
9-13 Satisfactory – Red
14-19 Above Average – Blue
20-Up Superior – Purple

**Age 9-13**
1-10 Needs Improvement – White
11-15 Satisfactory – Red
16-20 Above Average – Blue
21 – Up Superior – Purple

**Age 14 & Up**
1-13 Needs Improvement – White
14-18 Satisfactory – Red
19-23 Above Average – Blue
24 – Up Superior – Purple

*You will receive a sticker award that correlates to the merit received above.*